
«HAPPYLON ACTIVE»
INSTANT MILK CEREALS, BUCKWHEAT FOR BABY AND DIET FOOD - A SUPPLEMENT
FOOD PRODUCT FOR BABY FROM 4 MONTHS.

PRODUCED ACCORDING TO
TU U 10.8-39376486-004:2015

Important information:

Breastfeeding has certainly an absolute advantage. You should consult a pediatrician before to start feeding up to 1 year.
Do not use water from wells and tapping sources for the preparation of baby food.

Use:

Supplement food for babies from 4 months on the recommendation of a pediatrician, children of preschool and school age and for the dietary nutrition of the population.

Ingredients (per 100 g dry porridge): buckwheat flour 51%, **normalized milk 34% (whole cow's milk, skimmed cow's milk)**, powdered sugar, vitamins (A, D, E, K, C, thiamine, riboflavin, niacin, B6, folic acid, B12, biotin, pantothenic acid), iron sulfate. Whole cow's milk, used for the production of cereals, corresponds to "extra" and "best" grades. Packaged in a protected environment.

DO NOT COOK. NO GMO, PALM OIL, GLUTEN, PRESERVATIVES, FLAVORINGS, COLORINGS AND OTHER HARMFUL SUBSTANCES.

Preparing method:

Please follow the instructions for preparing the cereals. Improper preparation and storage of the cereals can harm your baby's health. The cereals are packed in a protected environment, therefore, before the first use, you should check the tightness of the inner bag: air must not escape and the cereals must not spill out from the bag when pressing with two hands on the bag. Do not use the product if the tightness is broken!

Cereals must be prepared before feeding and used as soon as possible. Do not use the leftovers of previously prepared cereals for subsequent feeding.

1. Wash your hands thoroughly.
2. Wash and boil all the dishes intended for feeding your baby for 3-5 minutes.
3. Determine the required amount of cereals and volume of water according to the feeding chart.
4. Boil and cool the water to (50-55) °C (we recommend observing the temperature regime since at a higher water temperature lumps may form in the finished product).
5. Fill the required volume of water into the prepared dishes.
6. Add the required number of tablespoons of dry cereals with constant stirring. Stir with a fork until a homogeneous mass is obtained and wait a few minutes for the cereals to swell completely (in order to avoid lumps in the finished product, we recommend adding the dry product into a dish of boiled water evenly one spoon at a time, achieving complete dissolution of each tablespoon of the product).
7. Cool the cereals to (36-37)°C. Cereals are ready! BON APPETIT!




THE FINISHED CEREALS LEFT AFTER FEEDING IS NOT SUBJECT TO STORAGE AND SUBSEQUENT USE. DO NOT PREPARE THE DAILY NORM OF CEREALS AT A TIME.

Norms for the consumption of cereals by a baby for one feeding and the number of feedings are determined by the recommendations of your pediatrician in accordance with the feeding chart

Baby's age	Recommended volume per one feeding			Number of feedings per day
	Boiled water, ml	Dry cereals, g	Non heaping tablespoons	
From 4 months (1st - 2nd week)	40	10	1	1
From 4 months (3rd - 4th week) to 5 months	80-120	20-30	2-3	1-2
From 5 to 7 months	120-160	30-40	3-4	1-2
From 7 months and older	160-200	40-50	4-5	1-2
1 non heaping tablespoon = approximately 10 g of dry cereals				
Children from 3 years old and adults - the dosage of dry cereals for preparing one serving is to taste.				



Nutritional value of the porridge	per 100 g dry cereals	per one serving of cereals			
		10 g dry cereals	25 g dry cereals	35 g dry cereals	45 g dry cereals
Energy value, kJ/kcal	1669,7 / 398,5	167 / 39,9	417,4 / 99,6	584,4 / 139,5	751,4 / 179,3
Fats, g	8,5	0,9	2,1	3	3,8
of which saturated fats, g	5,1	0,5	1,3	1,8	2,3
Carbohydrates, g	66	6,6	16,5	23	29,7
of which sugars (monosaccharide's and disaccharides), g	20,1	2	5	7,1	9,1
Protein, g	14,5	1,5	3,6	5,1	6,5
Salt, g	0,4	0,04	0,1	0,14	0,2
Vitamins					
Vitamin A, µg	500	50	125	175	225
Vitamin D, µg	9	0,9	2,3	3,2	4,1
Vitamin E, mg	7,9	0,8	2	2,8	3,5
Vitamin K, µg	30	3	7,5	10,5	13,5
Vitamin C, mg	50	5	12,5	17,5	22,5
Thiamine, mg	0,65	0,07	0,16	0,2	0,3
Riboflavin, mg	1	0,1	0,3	0,4	0,5
Niacin, mg	5,3	0,5	1,3	1,9	2,4
Vitamin B6, mg	0,7	0,07	0,17	0,2	0,3
Folic acid, µg	100	10	25	35	45
Vitamin B12, µg	1,4	0,14	0,35	0,5	0,6
Biotin, µg	18	1,8	4,5	6,3	8,1
Pantothenic acid, mg	3	0,3	0,7	1	1,3
Minerals					
Calcium, mg	390	39	98	137	176
Iron, mg	8,1	0,8	2	2,8	3,7
Sodium, mg	154	15	38,5	54	69

Note: Nutritional values may vary within the limits stipulated by specifications.	
The presence of salt is due solely to the sodium content which is naturally occurring and not added during the food production process.	
Batch number (L), production date of cereals and “best before” date are indicated on the bottom valve of the package.	
Storage conditions: store the product at a temperature of 0-25°C and relative air humidity not more than 75% before and after opening the package. Do not store in the refrigerator. Use within 14 days after opening the package. Close tightly the inner bag after each preparation of cereals.	
Net weight 250 g. Tolerance - minus 9 g.	
Producer: LLC "Khorol factory for baby food" Address of producer and manufacturing facilities: 17 Molodizhna St., Khorol, Poltava Region, 37800, Ukraine. Registration number: a-UA-16-22-02-IX-PP	
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